Resources for Pregnant & Parenting Students

Know Your Rights

As a pregnant or parenting student, you have legal rights granted by the State and Federal governments, and by the School District. Click the links below to learn more, and if you need help understanding what this means for you, contact one of the support partners listed to the right.

- Understanding Confidentiality & Minor Consent in California

- SCUSD Board Policy
  The Governing Board recognizes that responsibilities related to marriage, pregnancy, or parenting and related responsibilities may disrupt a student's education and increase the chance of a student dropping out of school. The Board therefore desires to support married, pregnant, and parenting students to continue their education, attain strong academic and parenting skills, and promote the healthy development of their children. The district shall not discriminate against, exclude, or deny any student from any educational program or activity, including any class or extracurricular activity, solely on the basis of the student's pregnancy, childbirth, false pregnancy, termination of pregnancy, or related recovery. (6/2021 BP 5146)
  - Chronic Absence and Truancy
  - Dropout Prevention
  - Academic Standards
  - Student Success Teams
  - Child Care and Development Services Act
  - Parental leave
  - Excused absences
  - Temporary disability, definition
  - Compulsory education requirement
  - Parental notifications
  - Nutrition supplements
  - Health care services - prenatal care
  - Parenting education and life skills instruction
  - Independent study
  - Credit Recovery
  - Enrollment in adult education
  - Academic and personal Counseling
  - Tobacco prevention services

- Title IX
  Supporting the Academic Success of Pregnant and Parenting Students Under Title IX of the Education Amendments of 1972; US Department of Education; Office for Civil Rights (2018)

- Family Educational Rights and Privacy Act (FERPA)

Get the Support You Deserve

Support within SCUSD

- The Student Support & Health Services Department is here for **you**!
  - Call, text, or email Noel Estacio, Coordinator: (916)752-3230
  - Find and contact Your School Nurse
  - Find and contact Your Student Support Center staff

Support in Our Community

- Confirming Your Pregnancy
  - Pregnancy Test Information
  - Confirmation Request Letter for Health Care Provider

- Pre- and Post-natal Care at Community Health Clinics
  - WellSpace Health Centers
  - Elica Health Centers
  - Sacramento Community Clinics (HALO)
  - One Community Health
  - Sac Valley Pregnancy Clinic
  - Sacramento Native American Health Center (SNAHC)

- Support, Resources, and Guidance from Community-based Specialists
  - Planned Parenthood
  - Sutter Teen Programs
  - Comprehensive Perinatal Services Program (CPSP)
    - CPSP Provider List
    - Pregnancy Resource Guide
  - Teen Success
  - Women, Infants, & Children (WIC)
  - Nurse-Family Partnership Program (NFP)
    - Referral Form